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Life is Sweet

We all get stuck in our routines. Every now and then, it's good for a gal to venture out. To broaden her horizons. To see life from the other side. To learn Michael Jackson's *Thriller* dance. Yes, ladies, we all need a little adventure. And supermom turned entrepreneur Kristi Orr is making it her mission to see to it that your life is filled to the brim with excitement. Orr's Sweetlife Adventures plans one-of-a-kind escapes for Colorado women, ages five to seventy-five. Outings range from the aforementioned *Thriller* dance lessons, to harnessing one of the state's many 14-ers, to target shooting lessons with Navy Seals. Orr and her crew handle all of the logistics, all you need to do is show up ready for the challenge. While the details of each day (or evening) trip vary slightly, participants always receive expert instruction, coordinated equipment rental, packing tips, food and support. A great way to bond with girlfriends, or meet new ones, the adventures encourage women to break down their personal barriers and try something new. Always dreamed of walking a tightrope? They've got you covered. Want to kayak a reservoir at sunrise? Check. Itching to try indoor skydiving? No problem. Whatever your inner daredevil fancies, there's a Sweetlife trip that's calling your name. **Sweetlife Adventures, Ring 303.748.6405, www.sweetlifeadventures.com.**

